



BLUE LIGHT

CREATE . EXPRESS . EMPOWER

WHAT IS BLUE LIGHT?

Blue Light is a music and multimedia program that takes place in a professional recording studio. Students have the opportunity to write and record their own songs, create video content, learn to play instruments, and operate studio equipment. Individuals can utilize their DDD individual budget to attend the program.

Blue Light assists the student in acquiring, retaining and improving socialization and communication skills, self-determination and advocacy, leadership skills, and team-building. The program also strengthens community connections through interactions with other students and program instructors.

Sessions take place in small groups at Blue Light's recording studio facilities. Virtual services are also available.

HOW DOES THE PROGRAM BENEFIT THE STUDENT?

Blue Light provides an opportunity for personal growth and positive changes in behavior, emotional well-being, confidence and self-esteem. It is an opportunity for a positive social activity involving communication, listening and sharing, and is an exciting, reinforcing experience. Additionally, it offers a unique opportunity for the student to increase their confidence as a musician and/or performer, and therefore increases the likelihood of participation in other community organizations or activities related to the performing arts. Blue Light also facilitates and strengthens the skills necessary to interact successfully in a work environment as well as facilitates and strengthens the skills needed to reside in home and community-based settings.

The program addresses the needs of students by providing:

- Opportunities for emotional expression in a non-threatening, non-judgmental environment relevant to the interests of the individual.
- Esteem building through establishing goals, navigating challenges, and completing creative projects.
- Leadership development through role and responsibility assignment during sessions which reinforce the importance of cooperation and example setting as well as opportunities to learn how to provide constructive feedback to peers in socially appropriate and meaningful ways.
- Increased practical and vocational knowledge in operating computer technology.
- Development of socially appropriate behaviors and interpersonal skills.

OUR SUPPORT OF THE COMMUNITY INCLUDES:

- NJ DDD
- The Arc of NJ
- Bancroft
- Support Coordination Agencies
- School Transition Programs
- Community Focused Events and Organizations
- DCPD
- NJ Children's System of Care

BLUE LIGHT LOCATIONS:

- Mount Holly, NJ
- Trenton, NJ
- Blackwood, NJ
- Online

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